

# Medical Education & Training Campus Biomedical Equipment Training Program

## TDY STUDENT ORIENTATION

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### INTRODUCTION

As the METC BMET Army Service Lead, I would like to personally welcome you to Texas and Fort Sam Houston! The education and training received here will provide the knowledge you need to excel in your Army specialty. While in TDY status, you are part of the 32nd Medical Brigade, Medical Education & Training Campus and must follow the established 32<sup>nd</sup> MED BDE and METC rules for students. This handout provides this guidance as well as additional information recommended by previous TDY personnel. It is our hope that you will be well informed as you begin your training and, above all, have a successful experience at YOUR Medical Education & Training Campus of Excellence!

### ARRIVAL/DEPARTURE INFORMATION

If you arrive by commercial airline, you will land at the San Antonio International Airport, which is approximately 10 miles from the main gate. The Post does not provide shuttle service from the airport; therefore, you will need to take a taxi from the airport to Fort Sam Houston, Army Lodging IHG Hotels or you're authorized of Post establishment.

The last day of training is a full duty day and early departure is not approved. Please do not schedule flights on the last day of training. You are responsible for making the proper travel arrangements to accommodate your departure time.

### LODGING

Lodging is limited on Fort Sam Houston; however, Army TDY students are REQUIRED to stay on Post if there is availability. Check for availability by contacting IHG Army Hotels FSH (Bldg 592) at 210-35-2705 or 877-711-8326 prior to your arrival. FSH Lodging, like most Army lodging facilities, requires a credit card at check-in or payment in advance. Please be sure to have adequate funds to cover the cost of lodging or a credit card available to use when you arrive.

Most rooms are furnished with a color television, telephone, coffee maker, microwave oven, iron, ironing board, clock radio, and refrigerator. Wake-up calls are available by calling the front desk.

### MEALS

As enlisted/officer TDY students, you are permitted to eat in the base dining facilities.

Rocco DEFAC: <u>Monday – Friday</u>	<u>Weekend</u>
0615-0815	0800-0930
1100-1300	1200-1330
1700- 1900	1700-1900

METC DEFAC <u>Monday – Friday</u>	<u>Weekend</u>
0700-0830	0800-0930
1130-1300	1200-1330
1700- 1930	1700-1900

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Other on-base eating establishments include:

Fort Sam Houston Club (consolidated dining for enlisted and officers), Bldg 1395

The Main BX and Mini Mall (Bldg 2420) M-Sat 0800-2100, Sun 1000-1900

Burger King (Bldg 2540) M-F 0600-2000, Sat 0730-2000, Sun 0730-1800

Additional establishments are listed on the Fort Sam Houston website at:

[www.samhouston.army.mil/phonelisting.aspx](http://www.samhouston.army.mil/phonelisting.aspx)

### SMOKING POLICY

Medical Education & Training Campus policy relating to the use of tobacco products is simple. The **use of tobacco products during duty hours** by any person attending an METC-sponsored course is **prohibited**. In addition, **all rooms** at Fort Sam Houston are **nonsmoking**.

### TRANSPORTATION AND PARKING

Students TDY are encouraged to secure funding from their Command to secure a rental car if staying of post. While some off Post lodging establishments do offer a shuttle service, at times they can be inconsistent and unreliable. Parking FSH is limited and you are encouraged to show up at your place of duty early as legal parking spots fill quickly. Parking is only authorized in a designated parking spot. Parking on grass or in fire lanes is strictly prohibited.

### UNIFORMS

The primary uniform of the day is ACU's. Please ensure that your ACU's and PT gear are serviceable and clean IAW AR 670-1. Uniform standards will be strictly enforced!

### SICK CALL

Students in TDY status should utilize the Tricare Urgent Same Day Appointment phone line 210-916-9800 if you become too ill or need urgent care. Brook Army Medical Center is also available located at Bldg 3600 or call 210-916-3400. Be sure you communicate your status and location to your instructor.

### PHYSICAL CONDITIONING

You are highly encouraged to participate in some type of aerobic activity at regular intervals while at FSH. Several structured exercise programs are available on Post or you may choose to participate in an individual activity. The Jimmy Brought Fitness Center (Bldg 320) 221-1234, and the FSH Fitness Center (METC Campus) offer a variety of exercise options to enjoy during your visit to FSH.

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#### PER DIEM

The proportional per diem rate is the average between the full locality rate and government meal rate. A member would receive the government meal rate (\$10.80) if he/she ate all of their meals in a government dining facility. The full locality rate is received when the member obtains meals in the local economy if living off base. For FSH, the full locality rate is \$61. The proportional per diem rate would then be \$35.90. Any military member TDY to a base which has at least some meals available in government dining facilities and resides in base lodging receives the proportional rate as a minimum. Officers and enlisted are allowed to eat in dining facilities DoD wide. Therefore, members TDY to FSH will receive the proportional rate as a minimum during training days (Monday through Friday). On the weekends and during holidays, all TDY members residing on base will be paid the government rate of \$10.80 since all meals are available during this time. For more information, visit the defense travel website at [www.defensetravel.dod.mil](http://www.defensetravel.dod.mil) for more info.

#### GENERAL RESPONSIBILITIES

Prescribed standards of personal appearance and behavior will be strictly followed. Customs and courtesies, including salutes and respect for the flag, are expected from every member of the Army. The standards observed here by our NPS students are the standards they will take with them to their first duty stations; therefore, it is important that all military members maintain the highest standards of military dress, customs and courtesies to set the right example.

**As TDY students, you are PROHIBITED from socializing with any NPS student at any on-/off-base establishment. You cannot visit NPS students at their dormitories and they cannot visit you in your quarters. In addition, the legal drinking age is 21. Contributing to a minor is a serious offense and will be punished.**

**PERSONAL RELATIONSHIPS BETWEEN ANY STUDENT AND INSTRUCTOR IS STRICTLY PROHIBITED!** The instructor-student relationship must be both professional and conducive to learning. A breach in this relationship creates dissension, thereby destroying the environment conducive to learning.

#### CONCLUSION

Our METC mission is to "Train the worlds finest Medics, Corpsmen, and Techs; supporting our Nation's ability to engage globally." My staff will provide you with the necessary assistance to ensure your stay is productive, enjoyable and safe. Again, we warmly welcome you to Fort Sam Houston!

METC BMET Army Service Lead